



"To develop and implement an effective comprehensive community-based mental health plan for overall youth well-being in Palo Alto"

**PSN Community Forum Agenda**  
**Youth Mental Health Care Services (Goal 3)**  
**Intensive Outpatient Programs- A Community Snapshot\***  
**March 28, 2018**  
**3:30-6:00pm**  
**Rinconada Library, Embarcadero Room**  
**1213 Newell Rd, Palo Alto, CA 94303**

Forum Objectives

By the end of the forum, participants will:

- Understand the role of intensive outpatient programs in the continuum of youth mental health care services
- Learn about the various youth intensive outpatient program services available
- Identify opportunities to improve youth mental health care utilization and access

3:30	<p><b>Welcome</b></p> <ul style="list-style-type: none"> <li>• Adam Howard, PSN Leadership Team Member &amp; Senior Community Services Manager, City of Palo Alto</li> <li>• Mary Gloner, MPH, MBA PSN Executive Director</li> </ul>
3:40	<p><b>Framing the Value of Intensive Outpatient Programs in the Continuum of Youth Mental Health Care</b></p> <ul style="list-style-type: none"> <li>• Overview of Youth Mental Health Care Services System <ul style="list-style-type: none"> <li>○ Sarah Burdge, PhD – Clinical Director, Adolescent Counseling Services (ACS)</li> </ul> </li> <li>• Navigating Intensive Outpatient Programs: A County Perspective <ul style="list-style-type: none"> <li>○ Cha See, PhD, MPH – School Linked Services Director, Family and Children's Services Division, Santa Clara County Behavioral Health</li> <li>○ April Kihara, MS, LMFT- Program Specialist, Family and Children's Services Division, Santa Clara County Behavioral Health Services Department</li> </ul> </li> </ul>
4:30	<p><b>Intensive Outpatient Program Panel</b></p> <ul style="list-style-type: none"> <li>• After-School Program Interventions and Resiliency Education (ASPIRE), El Camino Hospital <ul style="list-style-type: none"> <li>○ Michael Fitzgerald, APRN- Executive Director, Mental Health and Addiction Services</li> </ul> </li> <li>• Bay Area Clinical Associates (BACA) <ul style="list-style-type: none"> <li>○ Joel Oberstar, MD – VP of Operations</li> </ul> </li> <li>• Children's Health Council (CHC) <ul style="list-style-type: none"> <li>○ Emily Sullivan, LMFT – Clinical Program Manager</li> </ul> </li> </ul>
5:30	<b>Community Discussion - Questions and Comments</b>
5:50	<b>Closing &amp; Thank You</b>
6:00	<b>Meeting Adjourns</b>
<p><b>Upcoming PSN Community Meetings:</b></p> <ul style="list-style-type: none"> <li>• <b>April 25, 2018- Innovative Approaches Towards Youth Wellbeing</b>  Rinconada Library, Embarcadero Room, 3:30 – 5:30pm</li> </ul>	

\*This Community Forum will be video recorded, and may be accessed online in the future. Project Safety Net extends its special thanks to The Palo Alto Weekly for recording this event as a resource for the residents of Palo Alto and neighboring regions. If you have questions or would like to access this recording, please call (650) 329-2432 or email [psnpaloalto@gmail.com](mailto:psnpaloalto@gmail.com).

**Volunteer/service hours are available to students in attendance.**