



To develop and implement an effective comprehensive community-based mental health plan for overall youth well-being in Palo Alto

PSN Community Forum
Youth Mental Health Care Services (Goal 3)
Intensive Outpatient Programs- A Community Snapshot
March 28, 2018
3:30-6:00 pm

Featured Organizations

Adolescent Counseling Services (ACS)

Founded in 1975, ACS exists to support the wellbeing of all teens, tweens, and young adults in Santa Clara and San Mateo county. ACS currently implements four core programs: the Adolescent Substance Abuse Treatment Program, a state-certified outpatient facility providing treatment to teens and families struggling with substance abuse; the Community Counseling Program, which provides outpatient mental health assessment, treatment and education for local teens and families; the On-Campus Counseling Program, which provides on-site individual counseling, crisis intervention, and mental health education at no cost to students attending participating schools; and Outlet, our program for LGBTQ+ youth that provides support groups, counseling, leadership training, and education around LGBTQ+ issues.

Bay Area Clinical Associates (BACA)

Bay Area Clinical Associates (BACA) is a physician-owned and led organization whose clinicians have offered evidence-based mental health services to youth and their families in the San Francisco Bay Area since 2007. We offer highly integrated care with psychiatrists and psychotherapists working together under one roof. In addition to routine outpatient services, we have developed a series of specialized Intensive Outpatient Programs (IOPs) to provide youth and families increased intensity of services when clinically indicated.

Children's Health Council (CHC)

Children's Health Council was founded in 1953 by Dr. Esther B. Clark, one of the first female pediatricians to practice on the Peninsula. Our vision at CHC, is that we believe in the promise and potential of every child, teen and young adult. We offer evaluations, programs and treatment for ADHD, Learning Differences, Anxiety & Depression and Autism and serve families on the Peninsula and South Bay as well as the greater San Francisco Bay Area through our clinical services, schools, and community education and outreach programs. We've been serving kids and families for 65 years and have impacted almost 1,000,000 children and teens so far.

El Camino Hospital

El Camino Hospital is a nonprofit organization with hospital campuses in Mountain View, California and Los Gatos, California. Our hospitals have served communities in the South San Francisco Bay Area for over 50 years. El Camino Hospital operates the ASPIRE Intensive Outpatient Program (IOP) for middle school, teens, and young adults. The ASPIRE program began in 2009 and has grown to now reach youth as far as Southern California through hospital partnerships.

Santa Clara County Behavioral Health Services Department Family and Children's Services Division

The Santa Clara County Behavioral Health Services Department Family and Children's Services Division (F&C) serves children, adolescents, young adults, and their families, ages 0 - 25 who are experiencing social-emotional and behavioral concerns. Services are provided by five County sites and nineteen contract agency programs. The F&C Division provides outpatient care and programs specific to the unique needs of children and their families. Services are provided that respect cultural values and the natural support systems of youth and families and address children and family behavioral health problems in the least restrictive, most family-like context possible.