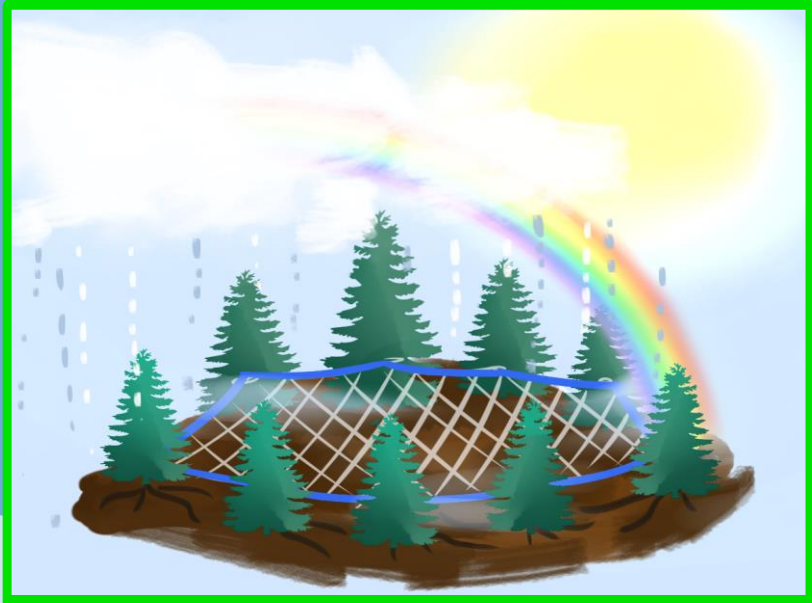


City of Palo Alto  
**project safety net**  
*For the well-being of Palo Alto's youth.*



*JUNE 27, 2018*

# PROJECT SAFETY NET COMMUNITY MEETING

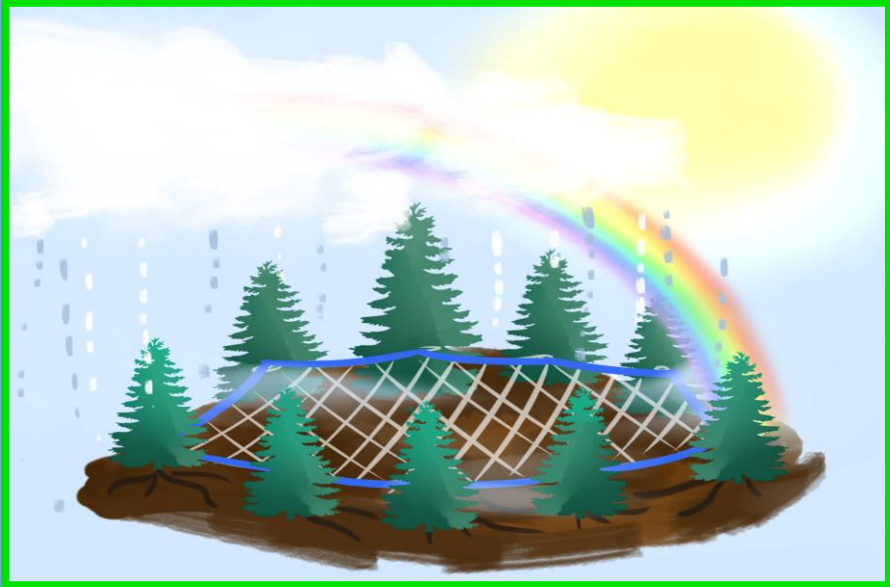
*Supporting and Partnering with LGBTQ+ Youth:  
What It Truly Means To Be An Ally*

# PSN MISSION

Our mission is to develop and implement an effective, comprehensive **community-based mental health plan** for overall youth well-being in Palo Alto.

The plan includes education, prevention and intervention strategies that together provide a **Safety Net for youth and teens** in Palo Alto, and defines our community's teen suicide prevention efforts.

# WELCOME



# MEETING AGENDA

6-27-18

3:30-5:30PM

- 3:30** Welcome & Introductions
- 3:35** Community Sharing
- 3:45** Partner-In-Action Presentation: PFLAG
  - *Jerry Underdal, PFLAG Member*
- 4:15** Partner-In-Action Presentation:  
Palo Alto Unified School District LGBTQQ Committee
  - *Joel Siapno, RN*  
*District Nurse and LGBTQQ Committee Member,*  
*Palo Alto Unified School District*
- 4:45** Partner-In-Action Presentation: Outlet Support Groups
  - *Sarah Burdge, PhD,*  
*Clinical Director, Adolescent Counseling Services*
- 5:15** PSN Backbone Report – *Mary Gloner, Executive Director*
- 5:25** Closing, Next Meeting Reminder, and Thank You
- 5:30** Adjourn

# COMMUNITY SHARING & ANNOUNCEMENTS

"We should indeed keep calm in the face of difference, and live our lives in a state of inclusion and wonder at the diversity of humanity."

- George Takei



# COMMUNITY SHARING & ANNOUNCEMENTS

*Take 3 minutes to share:*

1. Who am I?
2. What advice do I have for others seeking to live in a state of inclusion and wonder?
3. What upcoming activities or events would I like to announce?



PARTNER-IN-ACTION:  
**PFLAG**  
JERRY UNDERDAL  
*PFLAG MEMBER*



**Palo Alto**  
Unified School District

**PARTNER-IN-ACTION:**  
**PAUSD LGBTQQ**  
**COMMITTEE**  
JOEL SIAPNO, RN

*DISTRICT NURSE, PAUSD LGBTQQ COMMITTEE MEMBER*



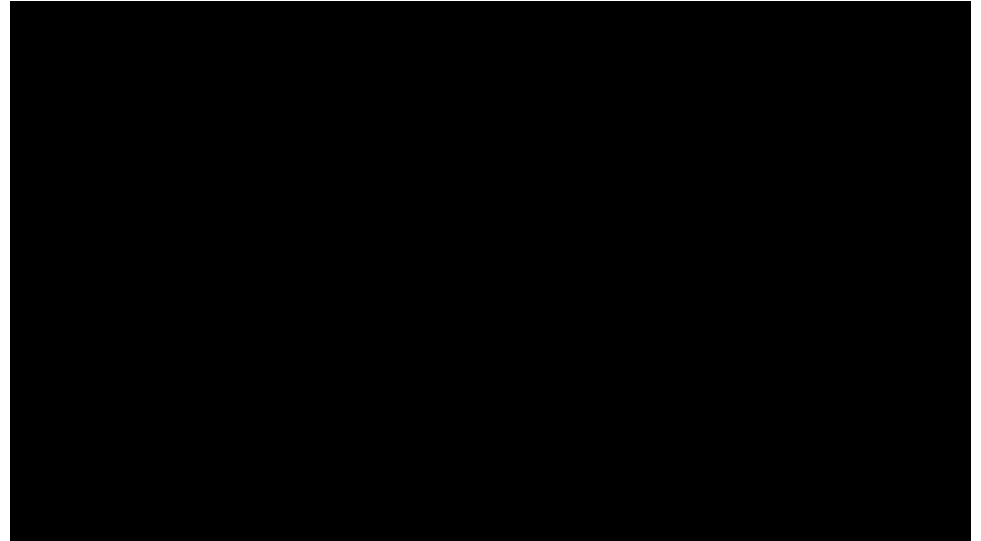


PARTNER-IN-ACTION  
ACS: OUTLET

SARAH BURDGE  
*PhD, CLINICAL DIRECTOR*

# Franchesca Ramsey

Video Blogger &  
Stronger Communities  
LGBTQ+ Suicide Prevention  
Conference Presenter



[https://youtu.be/\\_dq86g-QIM0](https://youtu.be/_dq86g-QIM0)



# PROJECT SAFETY NET BACKBONE REPORT

## May is Mental Health Matters Month- Impact Summary

### **May 5- May Fete Parade & Outreach Fair**

Art Activities for Children

Youth Well-Being & Suicide Prevention Resources Distributed

Developmental Assets Brochures

“Know the Signs” Fact Sheets

### **May 17 & 24- Youth Mental Health First Aid Training at Mitchell Park**

20 New Community Members Trained!

### **May 23- PSN Forum on Policy Advocacy**

Presentations from American Foundation for Suicide Prevention, Palo Alto YMCA,

Santa Clara County Suicide Prevention Oversight Committee, Young Minds Advocacy

30 PSN Network Members Participating!



# PROJECT SAFETY NET BACKBONE REPORT

## 2017-18 Highlights

Goal 1 : Collaboration  
Development, Coordination  
& Continuous  
Communications

- Sponsored 100 hours of event space for 20 partners
- 250 attendance of PSN community meetings, forums, and stakeholder convening
  - \*mental health services, means restriction, policy/advocacy, art therapy, youth engagement, developmental assets
- Media response
  - \*13 Reasons Why – Season 2
  - \*The Valley
  - \*local and international requests



# PROJECT SAFETY NET BACKBONE REPORT

## 2017-18 Highlights

<p>Goal 2: Community Education, Outreach &amp; Training</p>	<ul style="list-style-type: none"><li>• May Mental Health Matters Month</li><li>• September Suicide Prevention Awareness Month</li><li>• Youth Mental Health First Aid Training &amp; QPR</li></ul>
<p>Goal 3 : Youth Mental Health Care Services</p>	<ul style="list-style-type: none"><li>• Increase youth mental health inpatient beds in Santa Clara County</li><li>• Increase knowledge and coordination regarding intensive outpatient mental health care</li></ul>

# PROJECT SAFETY NET BACKBONE REPORT

<p>Goal 4: Policy &amp; Advocacy</p>	<ul style="list-style-type: none"> <li>• PAUSD Suicide Prevention Policy</li> <li>• Youth Connectedness Initiative</li> <li>• County Inpatient youth mental health services</li> <li>• Mental Health Services Act (MHSA) County Plan</li> <li>• City of San Jose and Milpitas Suicide Prevention Policies</li> <li>• State Legislation</li> </ul>
<p>Goal 5 : Evaluation &amp; Shared Measurement</p>	<ul style="list-style-type: none"> <li>• Evaluating PSN Community Forums</li> <li>• PAUSD student data: Developmental Assets</li> <li>• County Suicide Prevention Oversight Committee</li> </ul>
<p>Goal 6: Strengthen Backbone Support &amp; Sustainability</p>	<ul style="list-style-type: none"> <li>• Leadership Restructure: Executive Advisory Board &amp; Leadership Team</li> <li>• Sustainability activities: fiscal agency, budget, staffing plans, resource/investment development</li> </ul>

**THANK YOU!**  
UPCOMING PSN COMMUNITY MEETING:

City of Palo Alto  
**project safety net**  
*For the well-being of Palo Alto's youth.*

JULY 25, 2018 | 5:00-7:00PM

**LAST SUMMER  
PREMIERE**

PALO ALTO ART CENTER AUDITORIUM

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