

### Welcome!

# Project Safety Net Community Forum: Youth Mental Health Care Services (Goal 3) Intensive Outpatient Programs- A Community Snapshot

## **PSN** Mission

Our mission is to develop and implement an effective, comprehensive **community-based mental health plan** for overall youth well-being in Palo Alto.

The plan includes education, prevention and intervention strategies that together provide a **Safety Net for youth and teens** in Palo Alto, and defines our community's teen suicide prevention efforts.





**Goal 3 – Youth Mental Health Care Services:** To improve the mental health care utilization and access for youth by reducing barriers related to recovery, stigma, health coverage, and culture.

#### Forum Objectives:

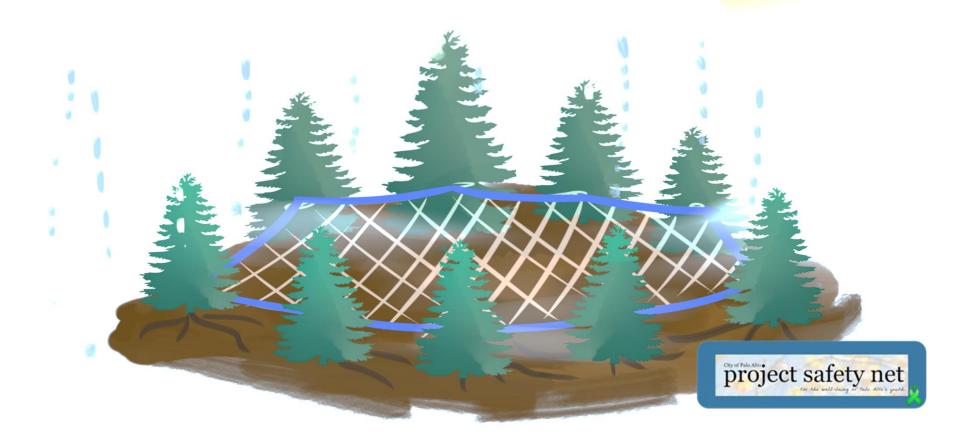
- \* Understand the role of intensive outpatient programs in the continuum of youth mental health care services
- \* Learn about the various youth intensive outpatient program services available
- Identify opportunities to improve youth mental health care utilization and access

Forum Agenda March 28, 2018 3:30-6:00 pm

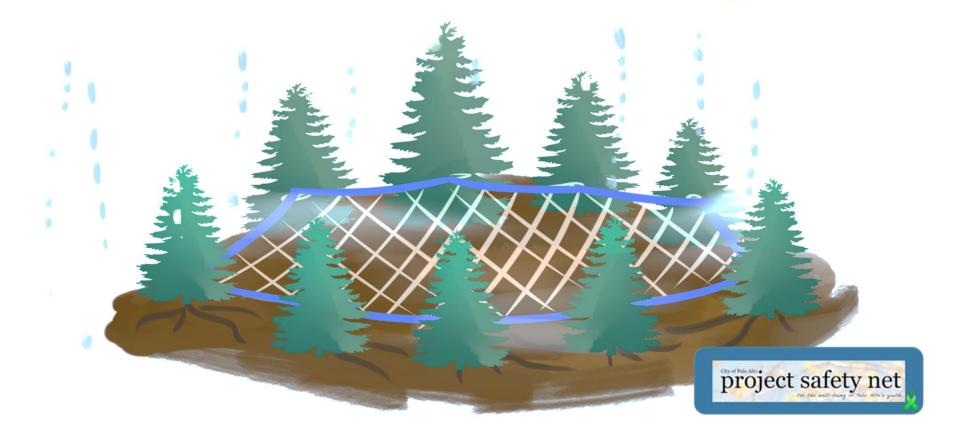
- A. Welcome
- B. Framing the Value of Intensive Outpatient Programs in the Continuum of Youth Mental Health Care Sarah Burdge, PhD, Adolescent Counseling Services (ACS) Cha See, PhD, MPH, Santa Clara County Behavioral Health April Kihara, MS, LMFT, Santa Clara County Behavioral Health
- C. Intensive Outpatient Program Panel Michael Fitzgerald, APRN, El Camino Hospital Joel Oberstar, MD, Bay Area Clinical Associates (BACA) Emily Sullivan, LMFT, Children's Health Council (CHC)
- D. Community Discussion- Questions and Comments
- E. Closing and Thank You
- F. Adjourn



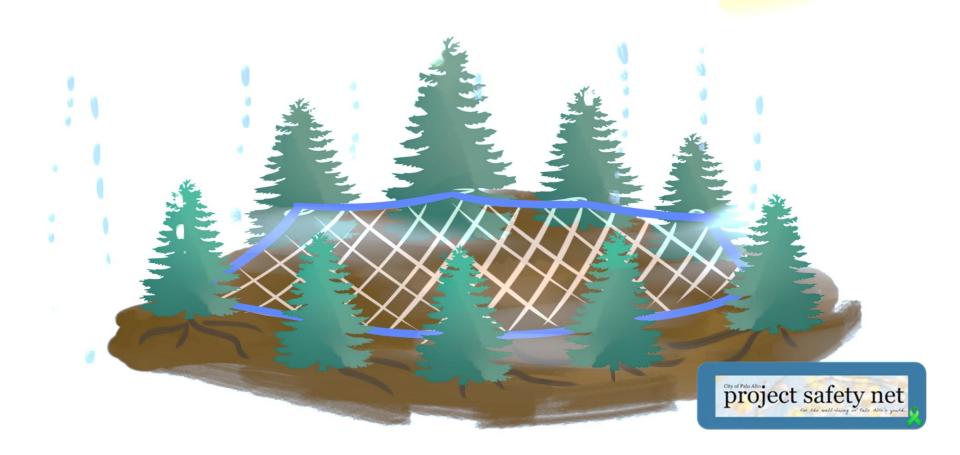
# Thank You! The Palo Alto Weekly



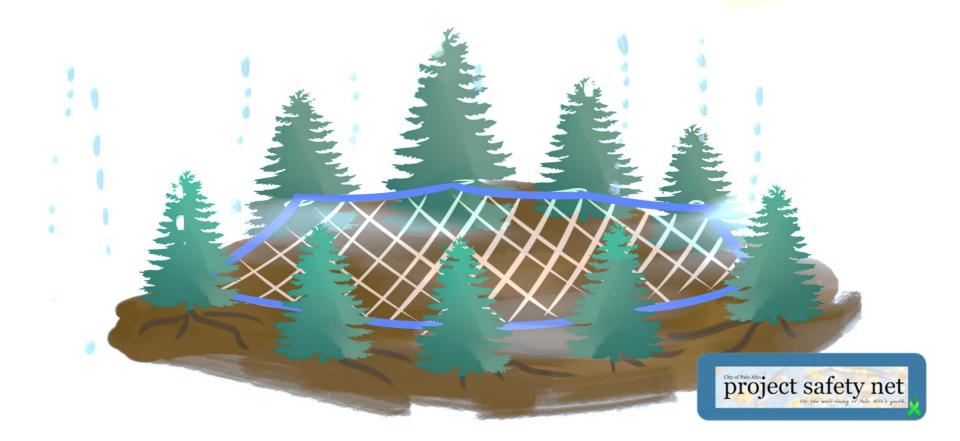
# Framing the Value of Intensive Outpatient Programs in the Continuum of Youth Mental Health Care



# Intensive Outpatient Program Panel



# Community Discussion Questions & Comments



**Next PSN Community Meeting-Innovative Approaches Towards Youth** Wellbeing April 25, 3:30-5:30pm **Embarcadero Room, Rinconada Library** project safety net

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