



Welcome to the Project Safety Net Community Meeting !



PSN Mission

Our mission is to develop and implement an effective, comprehensive **community-based mental health plan** for overall youth well-being in Palo Alto.

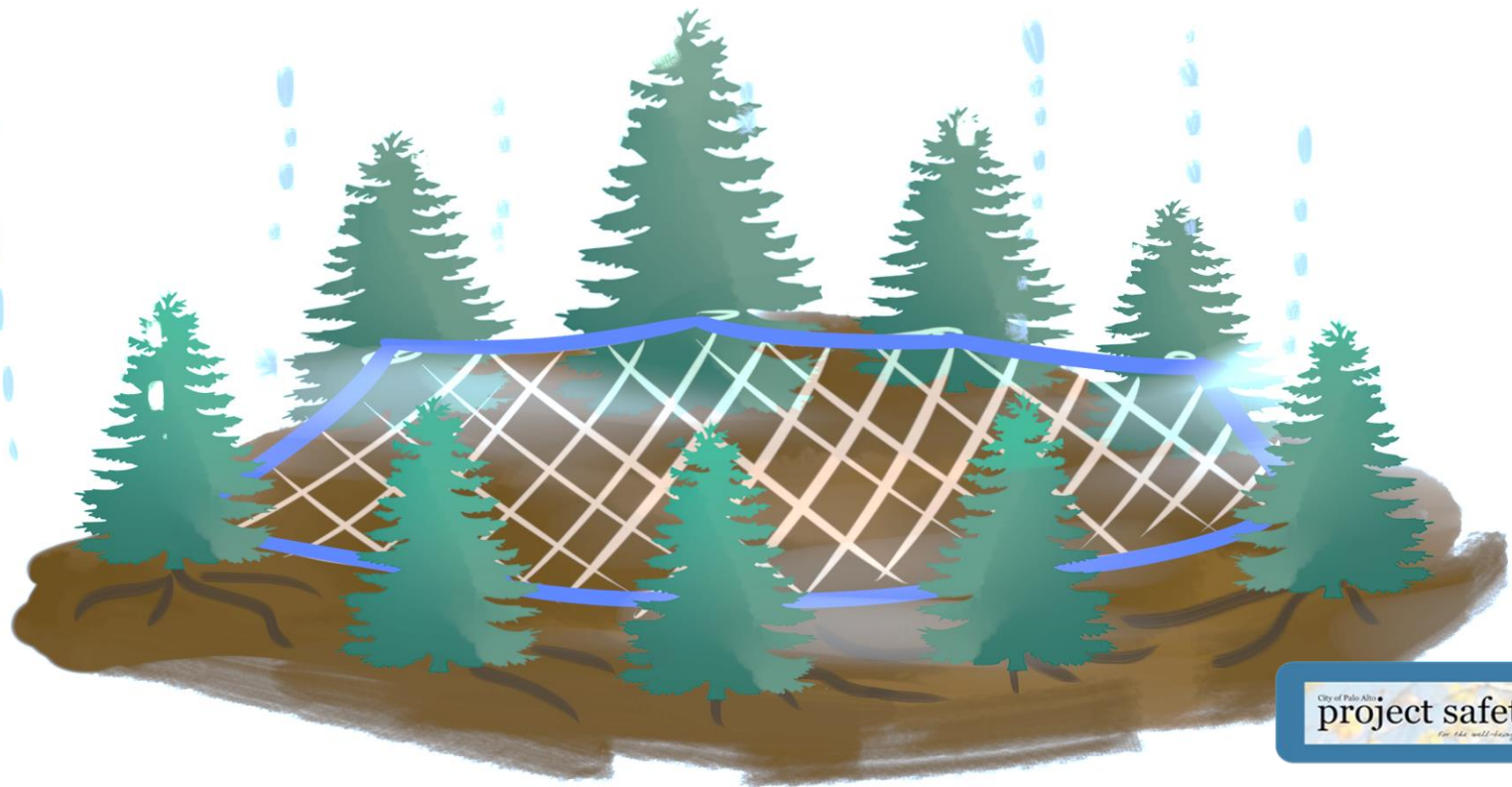
The plan includes education, prevention and intervention strategies that together provide a **Safety Net for youth and teens** in Palo Alto, and defines our community's teen suicide prevention efforts.

Today's Agenda

June 28, 2017

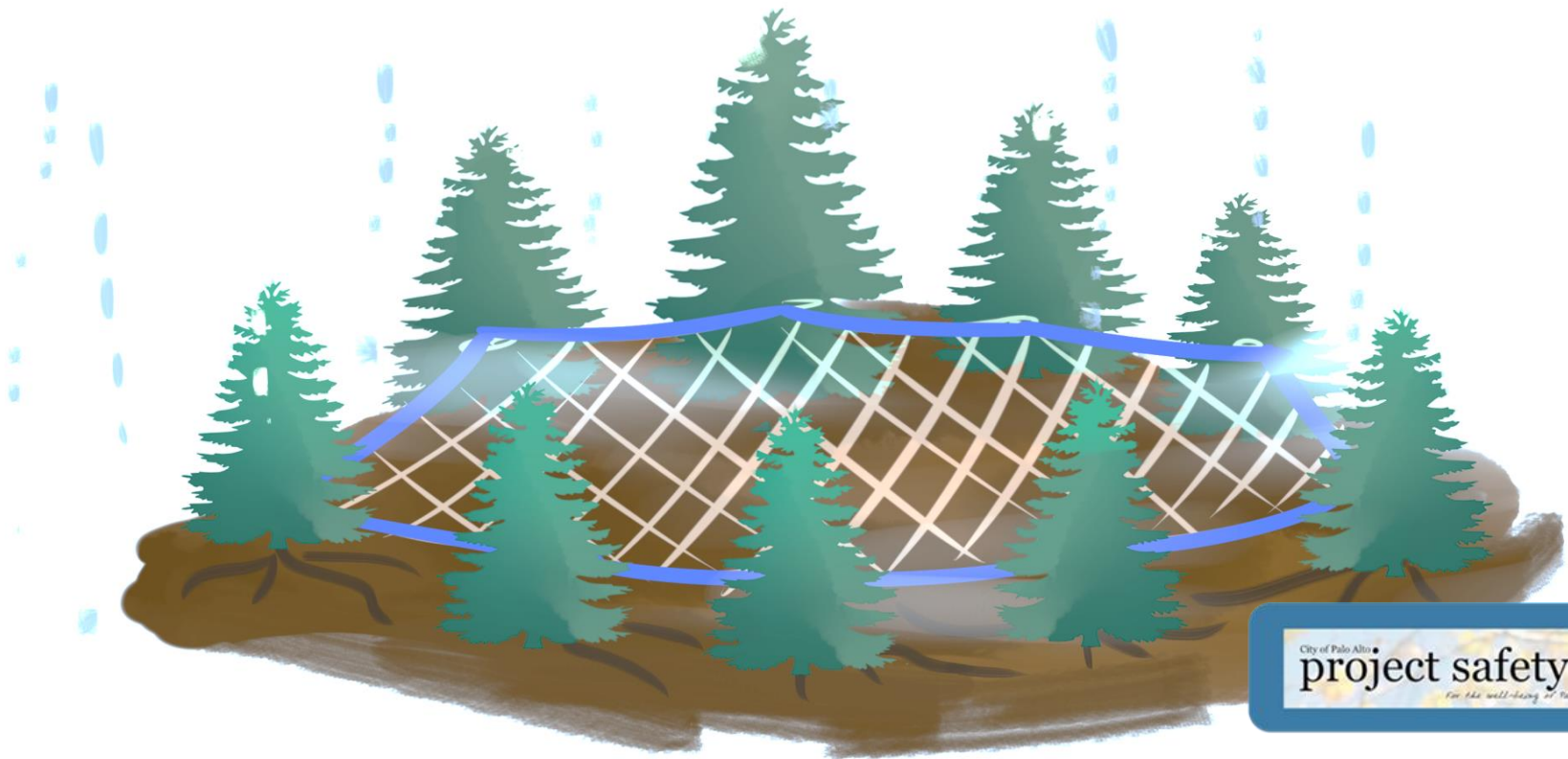
- A. Welcome & Agenda Review
- B. Partner-In-Action: **LGBTQ Youth Space**
- C. Youth-in-Action: **Vivian Nguyen, PSN Social Justice Intern**
- D. Community Sharing
- E. PSN Update
- F. Networking

Partner-In-Action: The LGBTQ Youth Space



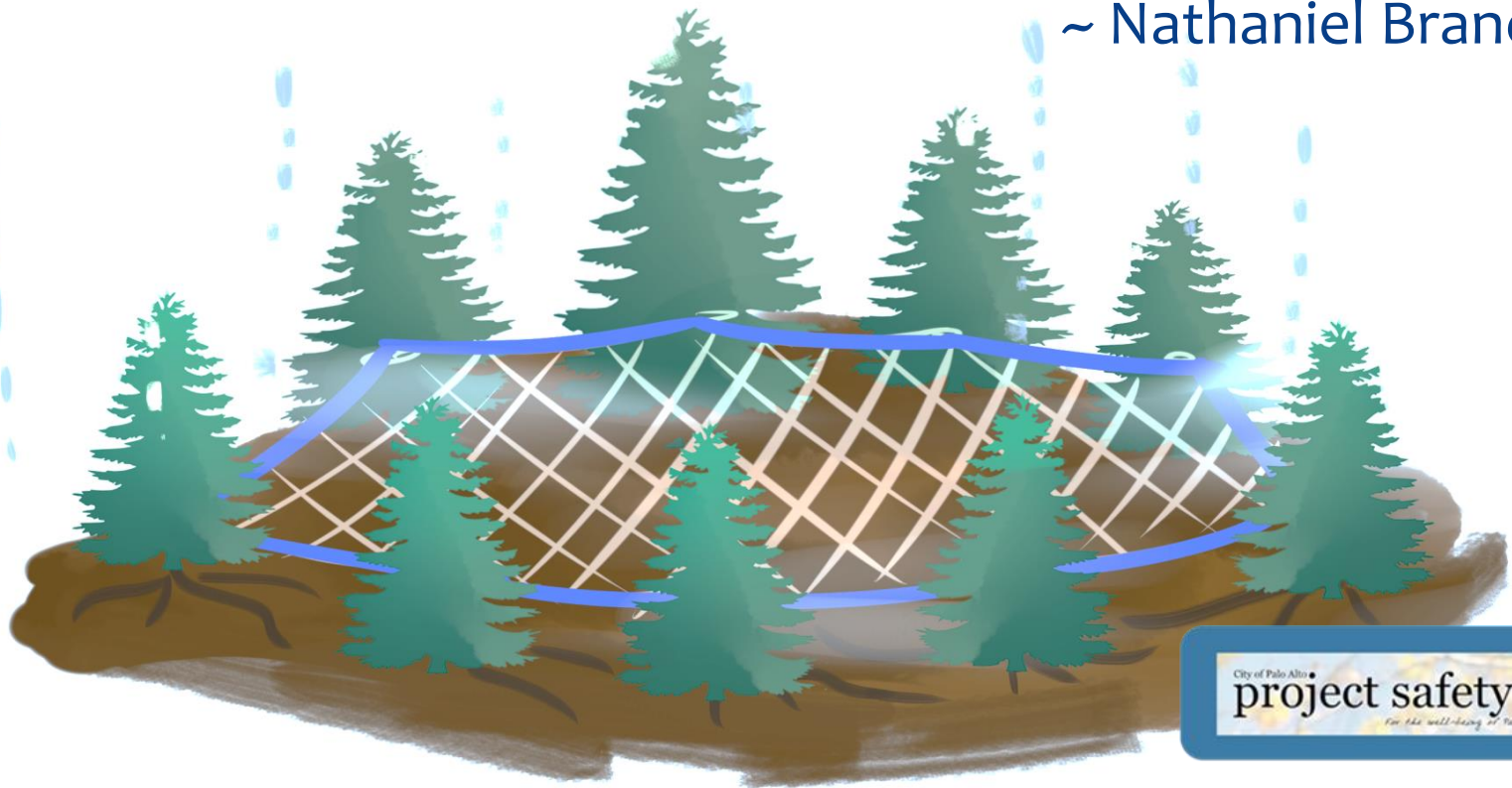
Youth-In-Action:

Vivian Nguyen, PSN Social Justice Intern



*“The first step toward change is awareness.
The second step is acceptance.”*

~ Nathaniel Branden



Community Sharing

Please take 3 minutes to share:

- Who am I?
- What experiences in your life (good or bad), help shape your efforts to promote youth wellbeing in Palo Alto?
- What upcoming activities or events that I would like to announce?

PSN Community Momentum & Engagement

Goal 2 – Community Education, Outreach and Training

- Youth led initiatives
 - School based: SOS, ROCK, Bring Change To Mind, Changing The Narrative
 - Community: WOPAC, Speak Mindfully Campaign
- Parent education
 - Parent Project by City of Palo Alto Police Department
 - Mental health workshops
- Expansion of City of Palo Alto teen services
- Integration of creative arts, curriculum, and mental health awareness
 - Youth Speaks Out
 - Films: UnMasked and Tug of War
- Compendium of suicide prevention and mental health trainings
 - Mental Health First Aid
 - QPR : Question Persuade Refer
 - SafeTALK
 - ASIST: Applied Suicide Intervention Skills Training

PSN Community Momentum & Engagement

Goal 3 – Youth Mental Health Care Services

- Expansion of integrated school-based mental health services
- Increase in-patient beds and intensive outpatient services
- Culturally tailored community based mental health services

Goal 4 – Policy and Advocacy

- School District Suicide Prevention Policy
- Social Emotional Learning
- Railway Safety
- Means Restriction Advisory Workgroup
- Financial Investment (city, county, healthcare, universities)

Goal 5 – Evaluation and Shared Measurement

- CDC/SAMHSA Epi-Aid Investigation on Youth Suicide in Santa Clara County
- Partner Datasets
 - Project Cornerstone/YMCA Developmental Assets
 - PAUSD Assessments (CHKS, Alcohol/Substance Use Initiative)
 - City of Palo Alto (Community Service, Police Department, Utilities)
- PSN Community Survey
- Community Based Participatory Research (Stanford & Palo Alto University)

2017 – 2020 PSN Roadmap

2017-2018 Collaborative Action Team Priorities

Goal 2 – Community Education, Outreach and Training

- ThinkFund Palo Alto Youth Mental Health Challenge Grant
- Universal on-boarding and continuing education for youth professionals
- QPR Train-the-Trainer

Goal 3 – Youth Mental Health Care Services

- Service Assessment
- Youth Mental Health Resource Directory

Goal 4 – Policy and Advocacy

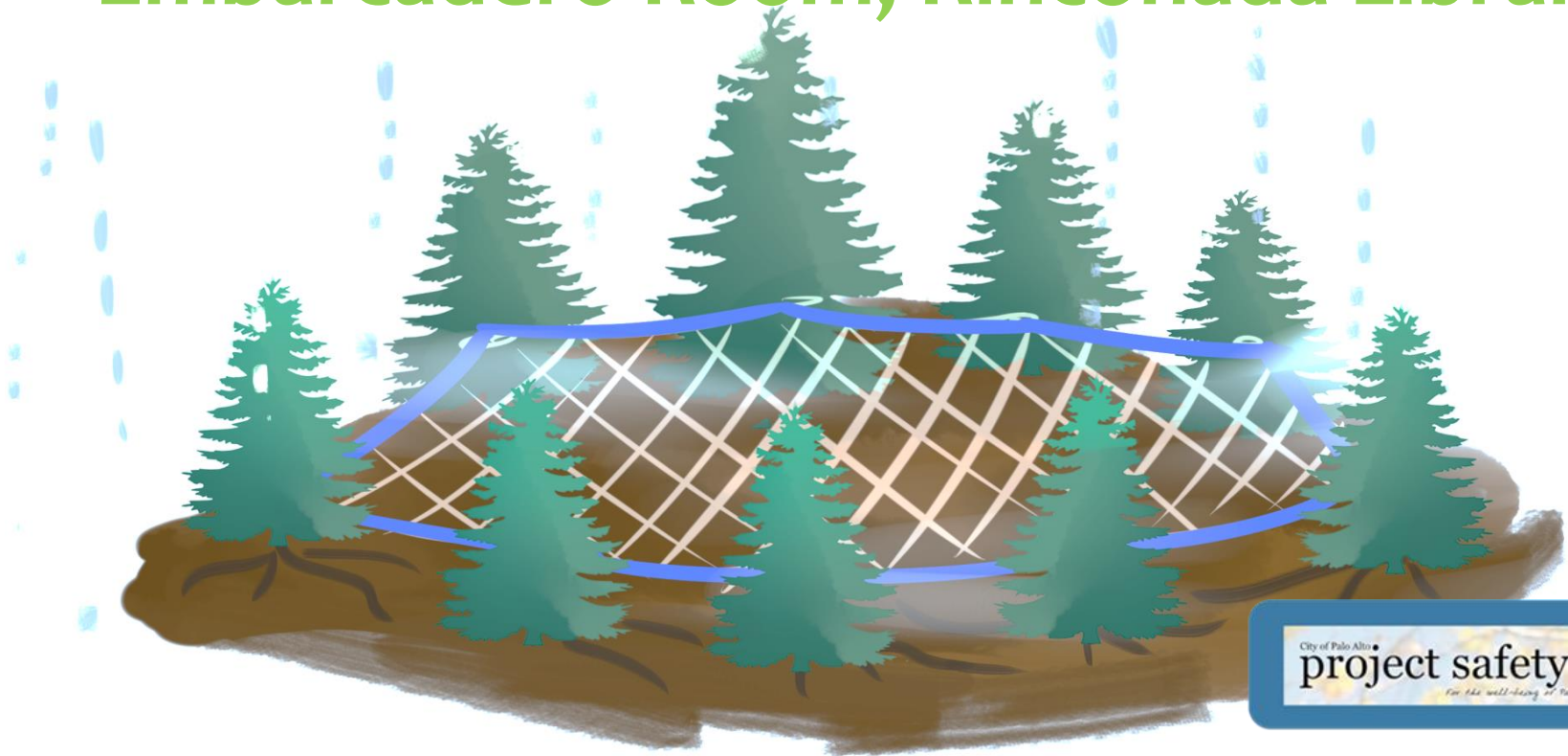
- Develop policy agenda for 2018-20
- Means Restriction Advisory Group

Goal 5 – Evaluation and Shared Measurement

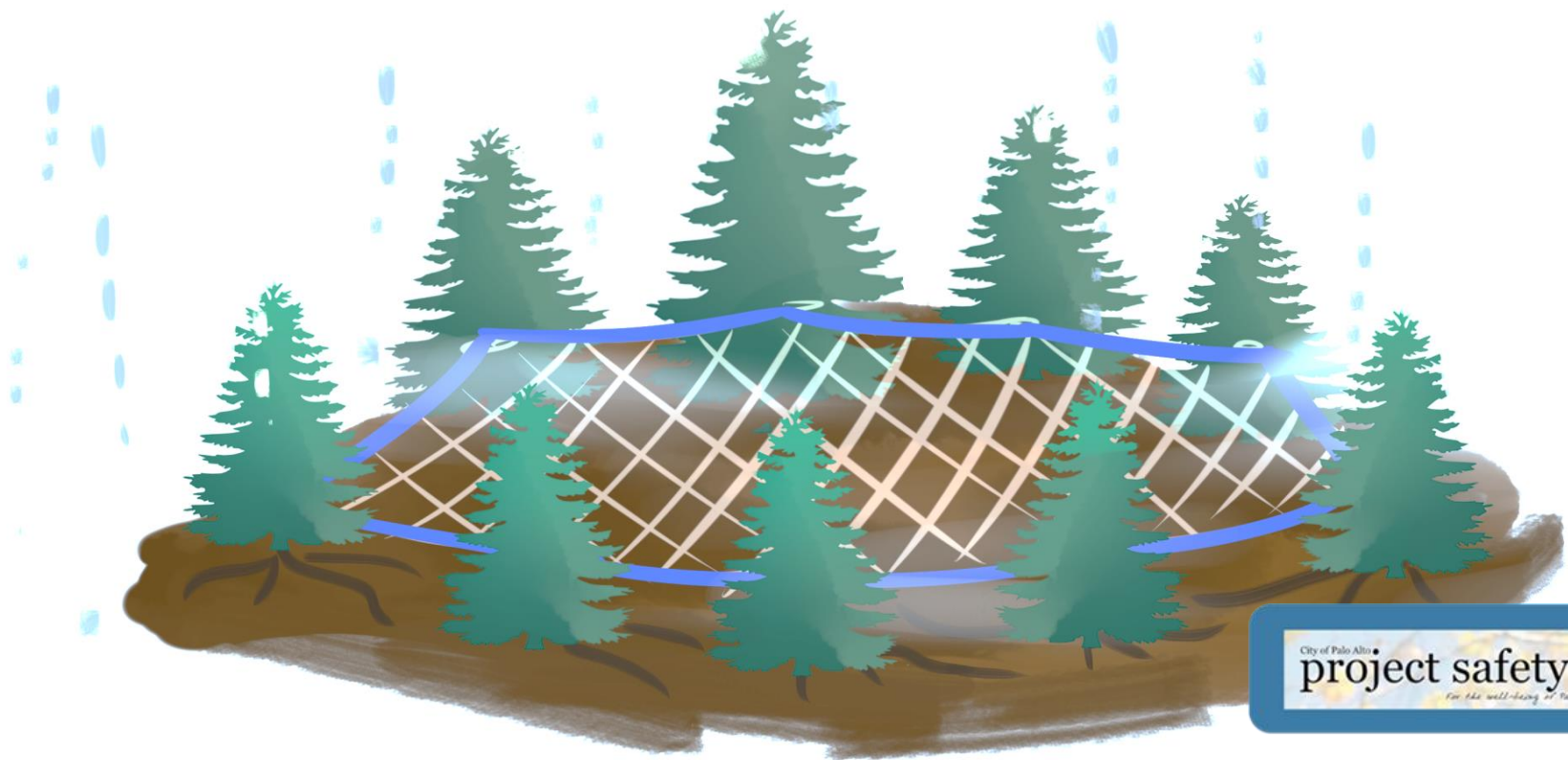
- Community dissemination of current data (Developmental Assets, California Healthy Kids, Epi-Aid, PSN Community Survey, etc..)
- PSN Roadmap Baseline Annual Report

Thank You!

PSN Collaborative Action Team Meeting
August 23rd, 3:30-5:30pm
Embarcadero Room, Rinconada Library



Networking



City of Palo Alto
project safety net
for the well-being of Palo Alto's youth



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