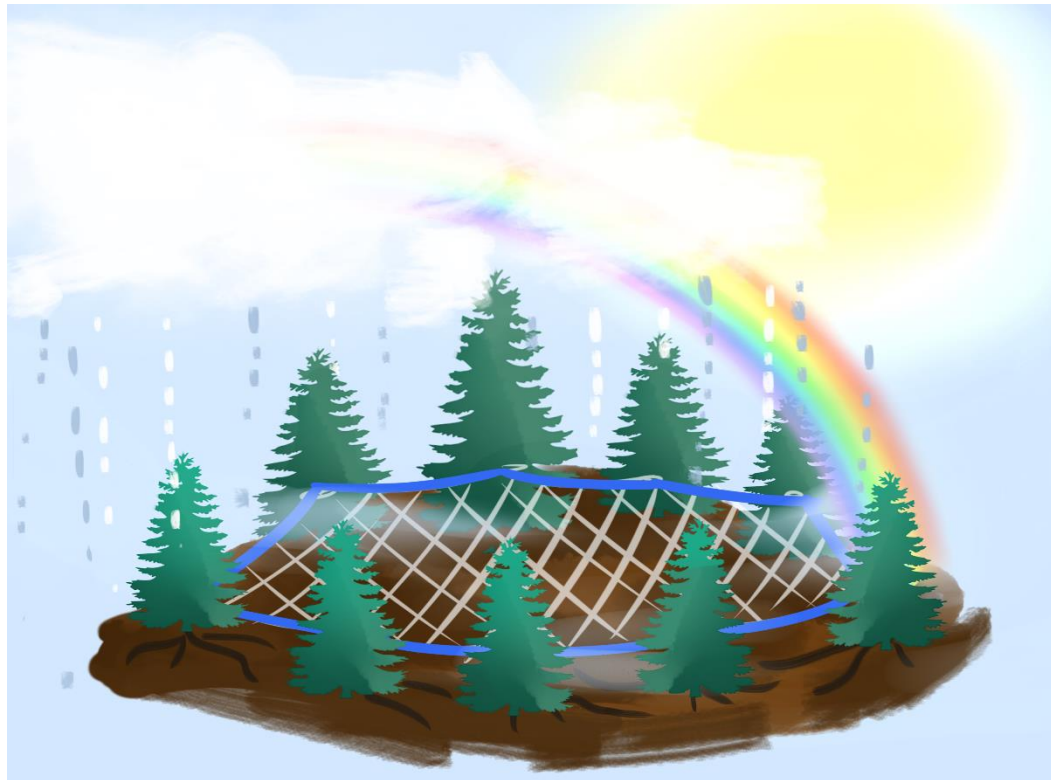


# Welcome to the

## Project Safety Net Community Meeting!

### *Innovative Approaches to Youth Wellbeing*



# PSN Mission

Our mission is to develop and implement an effective, comprehensive **community-based mental health plan** for overall youth well-being in Palo Alto.

The plan includes education, prevention and intervention strategies that together provide a **Safety Net for youth and teens** in Palo Alto, and defines our community's teen suicide prevention efforts.

# Welcome



# Meeting Agenda

April 25, 2018

3:30-5:30 pm

- A. Welcome & Introductions
- B. Community Sharing
- C. Partner In Action: Mary Hofstedt, Ed.M., Challenge Success  
*“Why Challenge Success? Changing the Conversation to Support Student Wellbeing and Engagement”*
- D. PSN Backbone Report- Mary Gloner, Executive Director
- E. Meet & Greet with Chief Robert Jonsen, PAPD
- F. Closing, Next Meeting Reminder, and Thank You
- G. Networking with Chief Jonsen

# Community Sharing and Announcements

*Do not be daunted by the world's grief.  
You are not obligated to complete the  
work but neither are you free to  
abandon it.*

~ The Talmud

# Community Sharing and Announcements

Please take 3 minutes to share:

- Who am I?
- When the world seems daunting, how do I ground myself in my efforts to promote youth wellbeing and suicide prevention?
- What upcoming activities or events that I would like to announce?

# Partner-In-Action: Mary Hofstedt, Ed.M.

## “Why Challenge Success?”

### Changing the Conversation to Support Student Wellbeing and Engagement”





# Project Safety Net Backbone Report





# Project Safety Net Backbone Report

- \* May is Mental Health Awareness Month
  - \* May 4: NAMI Walks Kick-Off Event  
Maggiano's Little Italy, San Jose (12:00-1:30)
  - \* May 5- May Fete Parade & Outreach Fair  
Downtown Palo Alto & Heritage Park (10 am-2:00 pm)
  - \* **May 17 & 24- Youth Mental Health First Aid Training  
Mitchell Park Community Center (9:00 am- 1:00 pm both days)**
  - \* **May 23- PSN Community Forum on Policy Advocacy (Goal 4)  
Rinconada Library (3:30-5:30)**
  - \* **#EachMindMatters Social Media Campaign: “Deeper  
Connections: From Small Talk to Real Talk”**
  - \* **Special E-Newsletter Edition**

# Project Safety Net Backbone Report

- \* Continuous Communication

- \* “May is Mental Health Matters Month” Events will be posted on home page of PSN Website
- \* PSN Community Forum- Youth Mental Health Care Services: Youth Intensive Outpatient Programs- A Community Snapshot
  - \* Program Presentations and Video on Available on PSN Website (Home page under “Project Safety Net News” and Community Meetings page)

# Meet & Greet Chief Robert Jonsen Palo Alto Police Department



# Networking with Chief Jonsen



# Thank You!

**Next PSN Community Forum:  
Policy and Advocacy**

**May 23, 2018**

**3:30-5:30 pm**

**Embarcadero Room, Rinconada Library**

# PSN Mission

Our mission is to develop and implement an effective, comprehensive **community-based mental health plan** for **overall youth well-being in Palo Alto**.

The plan includes education, prevention and intervention strategies that together provide a **Safety Net for youth and teens in Palo Alto**, and defines our community's teen suicide prevention efforts.