



To develop and implement an effective comprehensive community-based mental health plan for overall youth well-being in Palo Alto

**PSN Community Meeting
Innovative Approaches to Youth Wellbeing
April 25, 2018
3:30-5:30 pm**

Partner-In-Action: Challenge Success

Presenter- Mary Hofstedt, Ed.M.

Community Engagement Director, Challenge Success

Mary Hofstedt, Ed.M., shares practical tools to promote the well-being of children and teens, and coaches Challenge Success school teams in their action plans for change. Mary has a background in community-based research, positive youth development, curriculum and program design, and non-profit leadership. She is the mother of a high school senior who attends school in Palo Alto, and is passionate about working with families and educators both locally and nationally to ensure our young people thrive.

Challenge Success:

Challenge Success is a 501c3 educational organization affiliated with the Stanford Graduate School of Education. We partner with schools, families, and communities to promote a broad definition of success and to implement research-based strategies so that all kids are healthy and engaged with learning. Our programs include a 10-month school program for multi-stakeholder teams, parent education (preschool through high school), professional development for teachers, and research tools and white papers. Schools and families in 20 states, Washington DC, Canada, and Brazil have participated in our programs.