

SUILIDE PREVENTION

PSN Mission Statement

Project Safety Net mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.



SUILIDE PREVENTION

PSN Vision Statement

Young people are empowered, in partnership with the whole community, to advocate for themselves and their peers. Youth suicide is ended. Stigma is nonexistent, and high-quality mental health services are culturally-relevant, accessible, and well-utilized. We envision a community where youth and young adults feel safe, supported, and accepted.



"Becoming is better than being."

~ Carol Dweck Professor of Psychology, Stanford University





AGENDA

3	:30	Welcome	and Agenda	Review
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▶ 3:40 Alum Rock Counseling Center

Q&A

- ► 4:20 Community Sharing
- ▶ 4:40 Palo Alto History Museum's Teen Advisory Council

Q&A

- ▶ 5:20 Closing, Next Meeting, & Thank You!
- ► 5:30 Meeting Adjourns & Network



Partner-in-Action



Zakia Houston,

she/her/hers
Program Lead and
Prevention Specialist



Community Sharing

► Who am I?

What personal contributions am I grateful for to promote youth suicide prevention, mental wellness, and resiliency?

What upcoming activities and events would I like to announce?



Project Safety Net Announcements

- 2019 2020 PSN Leadership Team Roadmap Priorities
 - 2.4: Professional development for early career and paraprofessionals
 - 3.2: Youth mental health resource directory
 - 3.3: Youth mental health services navigation to public/private insurance
- Independent Incorporation by Spring 2020
 - 501c3 application in progress

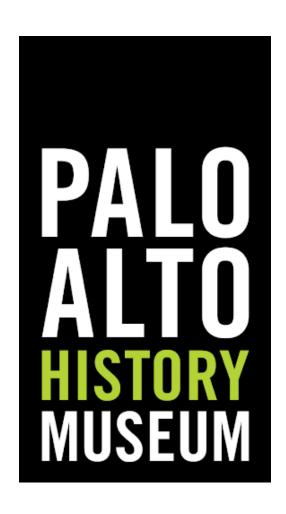


Project Safety Net Announcements

- Activating Collaborative Action Teams (CATs)
 - Community Education, Outreach & Training
 - □ Advance 2019-20 LT Strategic Priority 2.4
 - □ Plan and Outreach for February & March training community meetings
 - Youth Mental Health Services Access
 - □ Advance 2019-20 LT Strategic Priority 3.2 & 3.3
 - Policy and Advocacy
 - □ Plan and outreach for April 22nd PSN Community Forum: Youth Mental Health Advocacy Forum
 - Data and Shared Measurement
 - Promote and implement Search Institute Developmental Relationship Pilot
 - Guide Collective Impact Data Accelerator Activities



Youth-in-Action



Annie Reynolds, Youth Organizer of Teen Advisory Council



YOUTH RESILIENCY, WELLBEING & SUICIDE PREVENTION

Please help shape future programs by completing our online evaluation survey!



YOUTH RESILIENCY, WELLBEING & SUICIDE PREVENTION

Closing, Next Meeting, and Thank you!

► Next PSN Community Meeting is next year!

Jan 22, 2020

3:30-5:30 PM

Cubberley Community Center - H1

