

A conceptual graphic for the Project Safety Net. It features a large green net with a grid pattern, supported by several stylized green trees. The net is set against a background of a rainbow at the top and a sun. The text 'PALO ALTO COMMUNITY' is written across the bottom of the net. Various community sectors are labeled around the net: BUSINESS, GBO & NONPROFIT, SCHOOL SYSTEM, YOUTH, FAMILY, FAITH BASED ORGANIZATION, GOVERNMENT, POLICY ADVOCACY, YOUTH CARE SERVICES, and HEALTH CARE. The top right corner contains the text 'YOUTH RESILIENCY, WELLBEING & SUICIDE PREVENTION'.

Project Safety Net

Community Meeting

November 20, 3:30-5:30 PM

Cubberley Community Center, Building H: Room H-1

PSN Mission Statement

Project Safety Net mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.

PSN Vision Statement

Young people are empowered, in partnership with the whole community, to advocate for themselves and their peers.

Youth suicide is ended. Stigma is non-existent, and high-quality mental health services are culturally-relevant, accessible, and well-utilized. We envision a community where youth and young adults feel safe, supported, and accepted.

“Becoming is better than being.”

~ Carol Dweck
Professor of Psychology, Stanford University



AGENDA

- ▶ 3:30 Welcome and Agenda Review
- ▶ 3:40 Alum Rock Counseling Center
Q&A
- ▶ 4:20 Community Sharing
- ▶ 4:40 Palo Alto History Museum's Teen Advisory Council
Q&A
- ▶ 5:20 Closing, Next Meeting, & Thank You!
- ▶ 5:30 Meeting Adjourns & Network

Partner-in-Action



Alum Rock Counseling Center

Zakia Houston,
she/her/hers
Program Lead and
Prevention Specialist

Community Sharing

- ▶ Who am I?
- ▶ What personal contributions am I grateful for to promote youth suicide prevention, mental wellness, and resiliency?
- ▶ What upcoming activities and events would I like to announce?

Project Safety Net Announcements

- ▶ 2019 - 2020 PSN Leadership Team Roadmap Priorities
 - 2.4: Professional development for early career and paraprofessionals
 - 3.2: Youth mental health resource directory
 - 3.3: Youth mental health services navigation to public/private insurance
- ▶ Independent Incorporation by Spring 2020
 - 501c3 application in progress

Project Safety Net Announcements

▶ Activating Collaborative Action Teams (CATs)

- **Community Education, Outreach & Training**
 - ❑ Advance 2019-20 LT Strategic Priority 2.4
 - ❑ Plan and Outreach for February & March training community meetings
- **Youth Mental Health Services Access**
 - ❑ Advance 2019-20 LT Strategic Priority 3.2 & 3.3
- **Policy and Advocacy**
 - ❑ Plan and outreach for April 22nd PSN Community Forum: Youth Mental Health Advocacy Forum
- **Data and Shared Measurement**
 - ❑ Promote and implement Search Institute Developmental Relationship Pilot
 - ❑ Guide Collective Impact Data Accelerator Activities

Youth-in-Action



Annie Reynolds,
Youth Organizer of
Teen Advisory Council

YOUTH RESILIENCY, WELLBEING
& SUICIDE PREVENTION

CONTINUOUS
COMMUNICATION

BUSINESS

Please help shape
future programs by
completing our online
evaluation survey!

PALO ALTO COMMUNITY

Closing, Next Meeting, and Thank you!

- ▶ Next PSN Community Meeting is *next year!*

Jan 22, 2020

3:30-5:30 PM

Cubberley Community Center - H1