Project Safety Net

Community Meeting
January 22, 3:30-5:30 PM
Cubberley Community Center, Building H: Room H-1
PSN Mission Statement

Project Safety Net mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.
PSN Vision Statement

Young people are empowered, in partnership with the whole community, to advocate for themselves and their peers. Youth suicide is ended. Stigma is non-existent, and high-quality mental health services are culturally-relevant, accessible, and well-utilized. We envision a community where youth and young adults feel safe, supported, and accepted.
“There is always a step small enough from where we are to get us to where we want to be. If we take that small step, there's always another we can take, and eventually a goal thought to be too far to reach becomes achievable.”

~ Ellen J. Langer  
Professor of Psychology, Harvard University
AGENDA

- 3:30  Welcome and Agenda Review
- 3:40  SKY Schools
-        Q&A
- 4:20  Community Sharing
- 4:45  DreamCatchers
-        Q&A
- 5:25  Closing, Next Meeting, & Thank You!
- 5:30  Meeting Adjourns & Network
Partner-in-Action

Priya Mayureshwar, she/her/hers
Sky Schools Director
Community Sharing

► Who am I?

► For the upcoming year, what am I looking forward to shape, help, or see come to fruition in youth suicide prevention, mental wellness, and resiliency

► What upcoming activities and events would I like to announce?
Project Safety Net Updates

- Culturally-tailored training courses by Santa Clara County’s Suicide Prevention Program and Palo Alto University
  - Suicide Prevention 101 at PSN’s February Community Meeting (2/26)
  - Mental Health 101 at PSN’s March Community Meeting (3/25)

- PSN to facilitate debrief after each meeting
  (Please RSVP: 5:30pm - 6:30pm, dinner included)
  - Suicide Prevention in a Multicultural Society
  - Mental Health and Multicultural Community
Project Safety Net Announcements

Activating Collaborative Action Teams

- **Community Education, Outreach & Training**
  - Advance 2019-2020 LT Strategic Priority 2.4
  - Plan and outreach for February and March training community meetings

- **Youth Mental Health Services Access**
  - Advance 2019-2020 LT Strategic Priority 3.2 & 3.3

- **Policy and Advocacy**
  - Plan and outreach for **April 29th** PSN Community Forum: Youth Mental Health Advocacy Forum

- **Data and Shared Measurement**
  - Learn from Search Institute’s Developmental Relationships Pilot Survey
  - Guide Collective Impact Data Accelerator activities
Partner-in-Action

Pedro Rivas,
he/him/his
Program Manager
Please help shape future programs by completing our online evaluation survey!
Closing, Next Meeting, and Thank you!

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<thead>
<tr>
<th>Upcoming PSN Community Meetings</th>
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<tr>
<td><strong>Wednesday, 3:30-5:30</strong></td>
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<tr>
<td>Cubberley Community Center, Rm. H-1</td>
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<thead>
<tr>
<th>Feb 26, 2020</th>
<th>Mar 25, 2020</th>
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<tr>
<td><strong>Suicide Prevention Training 101</strong></td>
<td><strong>Mental Health Training 101</strong></td>
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<td>- Santa Clara County Suicide Prevention Program</td>
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<td>- Palo Alto University</td>
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<th>Facilitated Debrief on Suicide Prevention in a Multicultural Society</th>
<th>Facilitated Debrief on Mental Health and Multicultural Community</th>
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<tr>
<td><em>Debrief and dine 5:30-6:30pm</em></td>
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