

YOUTH RESILIENCY, WELLBEING
& SUICIDE PREVENTION

CONTINUOUS
COMMUNICATION

BUSINESS

GOV &
NONPROFIT

SCHOOL
SYSTEM

YOUTH

FAMILY

FAITH BASED
ORGANIZATION

Project Safety Net

Community Meeting

January 22, 3:30-5:30 PM

Cubberley Community Center, Building H: Room H-1

PALO ALTO COMMUNITY



PSN Mission Statement

Project Safety Net mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.

PSN Vision Statement

Young people are empowered, in partnership with the whole community, to advocate for themselves and their peers.

Youth suicide is ended. Stigma is non-existent, and high-quality mental health services are culturally-relevant, accessible, and well-utilized. We envision a community where youth and young adults feel safe, supported, and accepted.

“There is always a step small enough from where we are to get us to where we want to be. If we take that small step, there's always another we can take, and eventually a goal thought to be too far to reach becomes achievable.”

~ Ellen J. Langer
Professor of Psychology, Harvard University



AGENDA

- ▶ 3:30 Welcome and Agenda Review
- ▶ 3:40 SKY Schools
Q&A
- ▶ 4:20 Community Sharing
- ▶ 4:45 DreamCatchers
Q&A
- ▶ 5:25 Closing, Next Meeting, & Thank You!
- ▶ 5:30 Meeting Adjourns & Network

Partner-in-Action



Priya Mayureshwar,
she/her/hers
Sky Schools Director

Community Sharing

- ▶ Who am I?
- ▶ For the upcoming year, what am I looking forward to shape, help, or see come to fruition in youth suicide prevention, mental wellness, and resiliency
- ▶ What upcoming activities and events would I like to announce?

Project Safety Net Updates

- ▶ Culturally-tailored training courses by Santa Clara County's Suicide Prevention Program and Palo Alto University
 - ▶ **Suicide Prevention 101 at PSN's February Community Meeting (2/26)**
 - ▶ **Mental Health 101 at PSN's March Community Meeting (3/25)**
- ▶ PSN to facilitate debrief after each meeting
(Please RSVP: 5:30pm - 6:30pm, dinner included)
 - ▶ **Suicide Prevention in a Multicultural Society**
 - ▶ **Mental Health and Multicultural Community**

Project Safety Net Announcements

► Activating Collaborative Action Teams

- **Community Education, Outreach & Training**
 - ❑ Advance 2019-2020 LT Strategic Priority 2.4
 - ❑ Plan and outreach for February and March training community meetings
- **Youth Mental Health Services Access**
 - ❑ Advance 2019-2020 LT Strategic Priority 3.2 & 3.3
- **Policy and Advocacy**
 - ❑ Plan and outreach for **April 29th** PSN Community Forum: Youth Mental Health Advocacy Forum
- **Data and Shared Measurement**
 - ❑ Learn from Search Institute's Developmental Relationships Pilot Survey
 - ❑ Guide Collective Impact Data Accelerator activities

Partner-in-Action

DreamCatchers



Pedro Rivas,
he/him/his
Program Manager

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Please help shape
future programs by
completing our online
evaluation survey!

PALO ALTO COMMUNITY

Closing, Next Meeting, and Thank you!

Upcoming PSN Community Meetings Wednesday, 3:30-5:30 Cubberley Community Center, Rm. H-1

Feb 26, 2020

Suicide Prevention Training 101

- Santa Clara County Suicide Prevention Program
- Palo Alto University

Facilitated Debrief on Suicide Prevention in a Multicultural Society

Debrief and dine 5:30-6:30pm

Mar 25, 2020

Mental Health Training 101

- Santa Clara County Suicide Prevention Program
- Palo Alto University

Facilitated Debrief on Mental Health and Multicultural Community

Debrief and dine 5:30-6:30pm