



"Project Safety Net mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy."

Acknowledging a Changed Generation: Building a Resilient Community with Our Youth

May 26, 2021, 4:00 – 5:30 p.m.

Join: <https://zoom.us/j/97344704964?pwd=UnBwNCtKd1Q2bnRQMjY5DRStLcVcxzd09>

Meeting ID: 973 4470 4964 Passcode: youth Dial in: +1 669 900 9128 US (San Jose)

Please note that this event will be recorded.

By the end of the forum, participants will:

- Learn about Project Safety Net's nonprofit journey and collective impact
- Gain insight to various community stakeholders' perspectives on COVID-19 impacts to community safety and mental health during pandemic transitions
- Identify opportunities to support youth wellbeing, resiliency, and suicide prevention through pandemic transitions

4:00 p.m. **Welcome and Introductions**

All participants, please introduce yourself by typing into the chat box your name/pronouns and affiliation.

Emily Chan (she/her)

*Castilleja High School and
[Advocacy Through Art](#)*

Mary Gloner (she/her/siya)

Project Safety Net CEO

Karla Henríquez (she/her/ella)

*Project Safety Net
Executive Assistant- Business Manager*

4:25 p.m. **Community Perspectives on Pandemic Transitions**

Hanna Suh (she/her)

Project Oyster and Gunn High School alum

Jesse Lodomirak (she/her)

Palo Alto Unified School District Board Member

Genavae Dixon, LMFT (she/her)

Gunn High School Wellness Coordinator

Alayna Park, PhD (she/her)

*Palo Alto University Department of Psychology
Assistant Professor*

William Blair (he/him)

*Mountain View Los Altos School District
Wellness Coordinator*

Q&A

Moderated by

Kimberly Eng Lee (she/her)

*Gunn High School PTSA President and
Community advocate for
students with disabilities*

5:25 p.m. **Closing**

Emily Chan (she/her)

Happy May Mental Health Awareness Month!

- Support PSN during our [#MayMentalHealthMattersMonth Fundraising Campaign](#)
- Get involved and share [Community Activities](#) and [Youth Activities](#)
- Follow @psnyouth on [Facebook](#) and [Twitter](#), and @psn_youth on [Instagram](#)



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Meet Our Panelists

Hanna Suh (she/her/hers) is a Gunn High School alum and a student of New York University's class of 2024. She produces the [Project Oyster](#) podcast and believes in the power of storytelling to bring students together.

Dr. Alayna Park (she/her/hers) is an [Assistant Professor in the Department of Psychology at Palo Alto University](#). Dr. Park completed her Ph.D. in Clinical Psychology at the University of California, Los Angeles (UCLA) and her predoctoral internship at the VA Long Beach Healthcare System. Her research is driven by the goal of improving the accessibility and effectiveness of mental health services. She is particularly interested in re-designing mental health programs and developing decision support tools for mitigating racial and ethnic mental health disparities. Dr. Park has published more than 20 scientific papers on the topics of mental health treatment design, clinical decision-making, and the dissemination and implementation of evidence-based psychotherapies in public sector settings. Her work has been recognized with awards from the Association of Behavioral and Cognitive Therapies (ABCT), Delaware Project, Society of Clinical Child and Adolescent Psychology (SCCAP), Society of Implementation Research Collaboration (SIRC), and Society for a Science of Clinical Psychology (SSCP).

Genavae Pierre Dixon (she/her/hers) is a licensed marriage and family therapist, LMFT #102988, who is currently the mental health and wellness coordinator at [Gunn High School](#) and has been for that past 4 years. She is also now eligible to be a clinical supervisor for associate marriage and family therapists. She received her Master's in Counseling Psychology, with an emphasis in marriage and family therapy from University of San Francisco and completed her BA at the University of California, Riverside in Psychology. Genavae specializes in trauma-focused CBT practices, client centered care, and motivational interviewing, having worked in community mental health settings since 2015. Her previous placements were Bill Wilson Center, Community Solutions, Unity Care, and CASSY (counseling and support services for youth), where she gained experience working with children, adolescents, families, couples, and adults. Genavae's greatest goal is to reduce mental health stigma, increase access to care, and better the lives of children and families in her community!

Jesse Fletcher Ladomirak (she/her/hers) was elected to the [Palo Alto Unified School District Board of Education](#) in November of 2020. Jesse grew up in Palo Alto, attending PAUSD schools from kindergarten through high school. After graduating from Paly in 1993, Jesse went on to Yale and then Berkeley Law. Jesse is currently General Manager/CFO and co-owner of a remodeling company. Before her election to the Board of Education, she served on PAUSD's Equity Committee, tutored children at the Opportunity Center in Palo Alto, and volunteered for six years in classrooms throughout the Ravenswood City School District. Jesse currently has four children in PAUSD, grades 2nd, 3rd, 5th, and 8th. Concern for student mental wellness and the urgent need for systemic change was a motivating factor in Jesse's decision to run for the Board of Education.

William Blair (he/him/his) is the Wellness Coordinator for [Mountain View Los Alto School District Wellness](#) where he oversees School-Based Clinical Services and Preventative Wellness Initiatives. William has been with MVLA since 2004 where he has served as an Activities Administrator and as an English, Leadership, and Psychology teacher. Over the years, William has coordinated a multitude of student and staff activities, diversity retreats, and student support services. In his role as an Administrator, William is committed to creating a more inclusive, equitable, supportive, and loving culture in all spheres of the MVLA community through honest communication, social-emotional skill-building, Identity Safety, and sustainable infrastructure. In 2009, William was honored as the MVLA Teacher of the year.