

The Power of Community: Shaping Youth Mental Health and Suicide Prevention Policies

September 24, 2021

Project Safety Net



WELCOME

Diana Bautista,
PSN's Policy and Advocacy Co-Chair

Government Relations Manager
Stanford Children's Health
Lucile Packard Children's Hospital Stanford



Project Safety Net Mission

Project Safety Net (PSN) mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.

Our work is:

- Facilitated by ongoing collaboration, coordination, and communications;
- Enhanced by evaluation & shared measurement; and
- Built on a backbone of sustainability for collective impact.



Project Safety Net Board of Directors

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[Palo Alto Unified School District alumna and College student](#)

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[Hopkins & Carley](#)



Introduce yourself in the chat box

- Name/pronouns
- Affiliation, or the community that you live or work in!
- PSN would like to acknowledge that we are on the traditional land of the Ohlone people.
 - Please let us know the indigenous lands that you are on!
- What is something you are looking forward to?





Project Safety Net
**September Suicide
Prevention Awareness Month**



A BIG THANK YOU TO OUR SPONSOR:



CITY OF
PALO ALTO



Project Safety Net mobilizes community support
& resources for youth suicide prevention and
mental wellness. We envision a community
where youth and young adults feel safe,
supported, and accepted.

We thank you for your commitment to PSN's
mission and vision.



Website: psnyouth.org

Facebook: [@psnyouth](https://www.facebook.com/psnyouth)

Donation page: bit.ly/donatePSN



Housekeeping

- Mute your mics
- Meeting will be recorded and shared
- Use the chat box for questions and comments.
 - Q&A opportunity after each presenter.



Policy and Advocacy Event Purpose

By the end of event, participants will:

- Understand the state of youth behavioral health policies.
- Gain skills, tools, and opportunities to help shape youth behavioral health legislation.
- Learn of legislation in development or moving forward for adoption.



Meeting Agenda

- 11:00 AM** Welcome, Purpose and Agenda Review
- 11:05 AM** PRESENT: Supervisor Joe Simitian
- 11:25 AM** PRESENT: Assemblymember Marc Berman
- 11:45 AM** PAST: PSN CEO Mary Gloner
- 12:00 PM** FUTURE: CA Children's Trust Principal Alex Briscoe
- 12:25 PM** Reflections, Thank You, & Evaluation



Moderator



Onaiza Kazi
PSN's Policy and Advocacy Co-Chair

Community Advocate





PRESENT



Supervisor Joe Simitian,
Santa Clara County Board
of Supervisors District 5

Assemblymember Marc Berman,
California State Assembly
District 24



PAST



Chief Executive Officer Mary Gloner,
Project Safety Net



“Collective impact brings people together, in a structured way, to achieve social change. Collective impact takes us from common goals to uncommon results.”



- Design and implement the initiative with a priority placed on **equity**
- Include **community members** in the collaborative
- Recruit and co-create with **cross sector partners**
- Build a culture that fosters **relationships, trust, and respect** across partners



Goal 4 - POLICY & ADVOCACY – YOUTH MENTAL HEALTH & SUICIDE PREVENTION: Monitor local and state legislation. Mobilize community to advocate. Develop policy recommendations.

2009 - 2020 (Pre 501c3)

- Subject matter expertise for policymakers and funders
- Mobilize community and partners to strengthen prevention, intervention, and postvention efforts
- Adoption of suicide prevention policy by legislators
- Policy and Advocacy partner education forums
- Assisted with election candidate forums
- Policy briefs and alerts



Goal 4 - POLICY & ADVOCACY – YOUTH MENTAL HEALTH & SUICIDE PREVENTION: Monitor local and state legislation. Mobilize community to advocate. Develop policy recommendations.

2020 – Present

All activities pre-501c3 AND....

- Advocate for continued and expanded funding
- Build policy and advocacy infrastructure
- Develop agenda of policy and advocacy priorities
- Cultivate grass roots efforts



Call To Action

- Join PSN Policy and Advocacy Collaboration Action Team
- Shape PSN's policy and advocacy agenda
- Meet with legislative champions
- [Mental Health Services Act - Behavioral Health Services - County of Santa Clara \(sccgov.org\)](#) Public Comment until October 19th



FUTURE



Principal Alex Briscoe,
The California Children's Trust



Closing



Onaiza Kazi
PSN's Policy and Advocacy Co-Chair

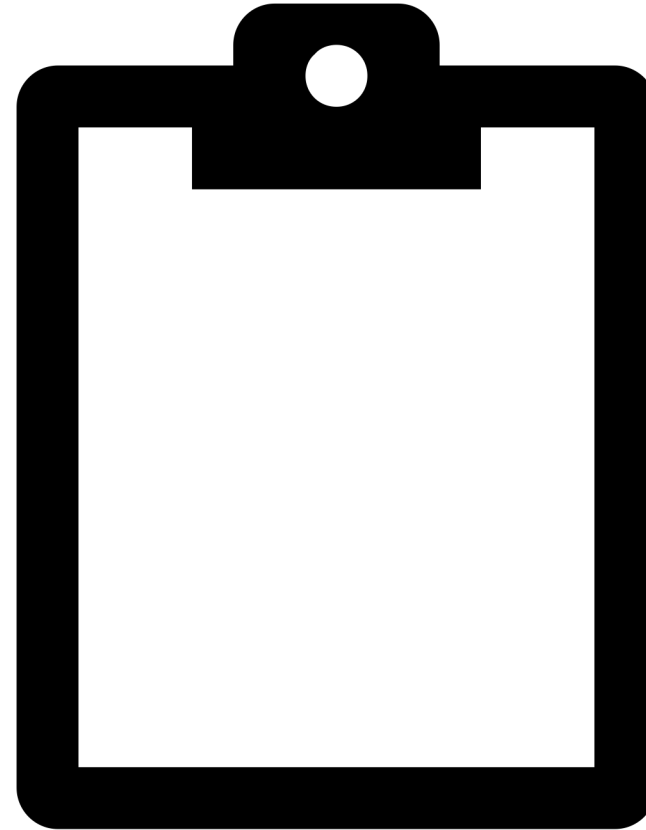
Community Advocate



Help shape future programs!

Please complete the survey.

<https://tinyurl.com/psnPolicyAdEval>



Resources

Crisis Text Line: Text “BAY” or “RENEW” to 741741

Santa Clara County Suicide and Crisis Hotline: 1-855-278-4204

San Mateo County Crisis Hotline: 650-579-0350

National Suicide Prevention Lifeline: 1-800-273-8255

Trevor Lifeline (LGBTQIA+ Youth): 1-866-488-7386

Emergencies:

Call or Text 911 and ask for
Crisis Intervention Trained (CIT) officer

Mental Health & COVID-19

- Mental Health & COVID-19 Resources

Crisis Hotlines

- County of Santa Clara Suicide Prevention & Crisis
- County of Santa Clara Mental Health Call Center
- Crisis Text Line
- National Suicide Prevention Lifeline
- The Trevor Project (LGBTQIA+ Youth)
- UpLift Family Services Continuum of Crisis Care



Local Counseling and Support Groups

- Adolescent Counseling Services (ACS)
- allcove
- Asian American Community for Community Involvement (AACI)
- ASPIRE at El Camino Hospital
- Bay Area Children's Association (BACA)
- Counseling and Support Services for Youth (CASSY)
- Children's Health Council
- Family & Children Services of Silicon Valley
- Kara Grief Support
- La Clínica Latina at the Granowski Center (Palo Alto University)
- La Selva Community Clinic
- Momentum for Health
- National Alliance on Mental Illness (NAMI) – Santa Clara County
- Outlet (A Program of ACS, LGBTQIA+ Support)
- Parents of Vision – A Faith Based Support Group
- SELPA 1 CAC (Special Needs Support and Education)
- The LGBT Youth Space
- The Q Corner

Parent and Youth Education Resources



www.psnyouth.org/resources/



Connect with us!

Mary Gloner **Chief Executive Officer**
mary@psnyouth.org
(650) 460-8304

Peying Lee **Program Coordinator**
peying@psnyouth.org
(650) 460-8305

Karla Henriquez **Executive-Assistant –
Business Manager**
karla@psnyouth.org
(650) 460-8303

Website: www.psnyouth.org

Instagram: @psn_youth

Twitter: @psnyouth

Facebook: @psnyouth



Project Safety Net Vision

Young people are empowered, in partnership with the whole community, to advocate for themselves and their peers. Youth suicide is ended. Stigma is non-existent, and high-quality mental health services are culturally-relevant, accessible, and well-utilized. We envision a community where youth and young adults feel safe, supported, and accepted.

