

PSN Community Meeting

Discover Project Safety Net: The Power of Coalition in Youth Mental Health Promotion and Suicide Prevention

Please note that this meeting will be recorded and shared

March 30, 2022, 3:30 PM – 5:00 PM

Project Safety Net



Welcome

#SELday

**“Owning who we are is power. Yes.
We’ve got to dare to stand out.”**

-Janet Mock
[Writer, Director, Advocate](#)



Land Acknowledgement*



The collective efforts of Project Safety Net occurs upon the aboriginal homeland of the Tamien Nation, Ramaytush, and Ohlone since time immemorial and recognizes the continued persistence and resilience of culture and community despite the adverse impacts of settler colonialism. The three nations continue to have a relationship with the land; one of deep respect, agreement and reciprocity collaborating to help maintain balance. Project Safety Net acknowledges and supports the Tamien Nation, Ramaytush, and Ohlone in solidarity and commitment to partnership advocating for a more equitable and inclusive future.

*To learn about the land you live on, go to <https://native-land.ca/>



Community Meeting Agreements

When we communicate and collaborate

- Be present and intentional
- Be self-aware to step up to speak, or step back and let others speak
- Respect, champion each other, and lean on each other's expertise
- Listen actively, seek to understand, and clarify
 - Assume positive intent
 - Have an open mind, open heart
 - Involve youth; listen to concerns AND solutions
- Focus on the issue, equity, and shared care
- Hold space, embrace, and honor silence
- Speak from our own perspectives and experiences


Adapted from PSN Partners Council's Agreements.

Introduce yourself in the chat box

- Name, pronouns, affiliation(s)
- Share a hobby you used to do or currently do
- Any announcements



Poll: How are you feeling this afternoon?

	Red = Feeling totally overloaded, stressed, angry or on edge. Support or space needed to change status.
	Orange = Juggling many things. Difficult to focus beyond main priorities, hard to take in new info or make changes.
	Yellow = Lots going on, but still managing okay.
	Green = Feeling positive and balanced, and have mental space to reflect, assess, be creative, or try new things.
	Blue = Feeling sadness, depression, grief, fear, or loss of control.
	Gray = Listless, bored, unfulfilled, or numb.

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Source: www.collectiveimpactforum.org/resource/team-color-check-in-tool/



Live Poll



Agenda

3:30 pm	Welcome and Opening Remarks
3:40 pm	A Conversation with PSN Board: Hopes for a Community-Driven Coalition
4:00 pm	The Nuts and Bolts of Project Safety Net’s Collective Impact
4:20 pm	Identifying Strategic Opportunities for Youth Mental Health Promotion and Suicide Prevention
4:50 pm	Closing and Thank You



Project Safety Net Board of Directors

Reverend Eileen Altman (she/her), PhD - *Chair*
First Congregational Church of Palo Alto

Vinita Bhalla (she/her) - *Director*
Union Bank

Dennis Burns (he/him) - *Director*
San Mateo County Department of Emergency Management
& Retired Palo Alto Chief of Police

Tamra Chavez (she/her), PhD, LCSW - *Director*
Family and Children Services, a division
of Caminar

Patricia DeMellopine (she/her), RN, CNS - *Director*
El Camino Health

Robert George (he/him) - *Treasurer*
Parent and Philz Coffee National Facilities Manager

Shashank Joshi (he/him), MD - *Director*
Stanford University and
Lucile Packard Children's Health Care

Kristen O'Kane (she/her) - *Ex-officio Director*
City of Palo Alto Community Services

Mary Cheryl B. Gloner (she/her) - *PSN CEO*
Project Safety Net

Meghna Singh (she/her) - *Vice-Chair*
Palo Alto Unified School District alumna and
College student

Peter Stone (he/him), JD - *Governance Committee Chair*
Hopkins & Carley



A Conversation with PSN Board: Hopes for a Community-Driven Coalition

Meghna Singh
she/her

PSN Board Vice Chair,
Palo Alto Unified School District Alum,
Student Mental Health Advocate

Shashank Joshi, MD
he/him

PSN Board Director,
Professor at Stanford University
Director of School Mental Health at
Lucile Packard Children's Hospital Stanford



The Nuts and Bolts of Project Safety Net's Collective Impact

Mary Gloner
she/her
PSN CEO



Mission

Project Safety Net (PSN) mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.

Our work is:

- Facilitated by ongoing collaboration, coordination, and communications;
- Enhanced by evaluation & shared measurement; and
- Built on a backbone of sustainability for collective impact.

Vision

Young people are empowered, in partnership with the whole community, to advocate for themselves and their peers. Youth suicide is ended. Stigma is non-existent, and high-quality mental health services are culturally-relevant, accessible, and well-utilized. We envision a community where youth and young adults feel safe, supported, and accepted.

Collective Impact Refresher - Definition

Collective Impact is the long-term commitment of a group of important actors from different sectors to a common agenda for solving a specific social problem at scale.

Collective Impact Forum: www.collectiveimpactforum.org (an Initiative of FSG and Aspen Institute Forum for Community Solutions)

Collective Impact Refresher – Conditions for Success

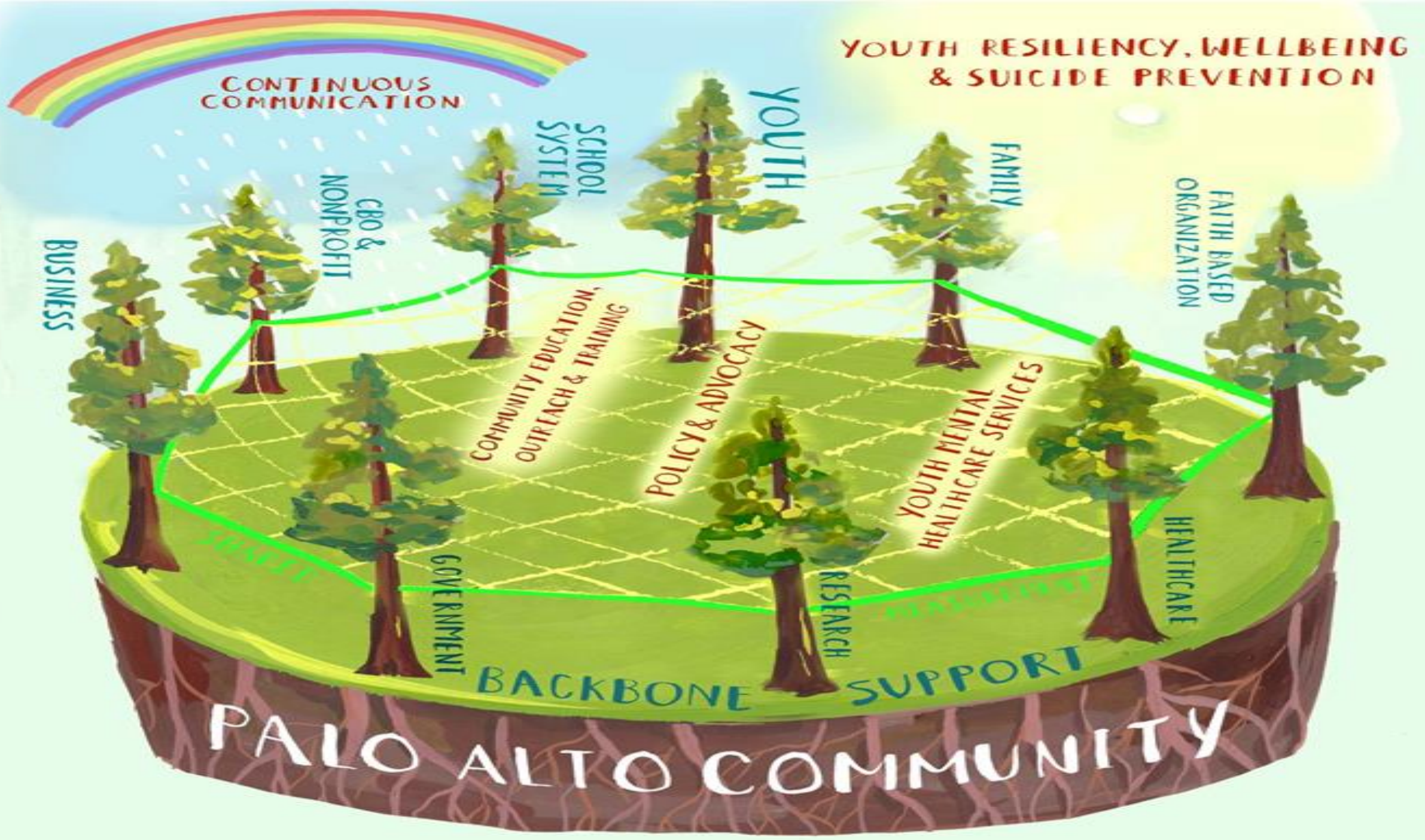
Common Agenda	All participants share a vision for change that includes a common understanding of the problem and a joint approach to solving the problem through agreed-upon actions
Shared Measurement	All participating organizations agree on the ways success will be measured and reported , with a short list of common indicators identified and used for learning and improvement
Mutually Reinforcing Activities	A diverse set of stakeholders, typically across sectors, coordinate a set of differentiated activities through a mutually reinforcing plan of action
Continuous Communication	All players engage in frequent and structured open communication to build trust, assure mutual objectives, and create common motivation
Backbone Support	An independent, funded staff dedicated to the initiative provides ongoing support by guiding the initiative's vision and strategy, supporting aligned activities, establishing shared measurement practices, advancing policy, and mobilizing funding

Of the 5 Conditions, PSN Board Recommend Focus On . . .



New Building Block to Collective Impact: Centering Equity

- Ground the work in data and context, and target solutions.
- Focus on systems change, in addition to programs and services.
- Shift power within the collaborative.
- Listen to and act with community.
- Build equity leadership and accountability.



PSN's Collective Impact in Action:

2021 Highlights

Goal 1: Collaboration Development, Coordination, and Continuous Communication

- Cultivating partnerships beyond Palo Alto: City of Mountain View, Santa Clara County of Education, San Mateo County and East Palo Alto.
- Re-engaged community engage after 6 months transitioning from City of Palo Alto to a 501c3
- PSN Suicide Postvention Practices
- Transformed nonprofit leadership Board of Directors, Partners Council, and Collaborative Action Teams

Goal 2: Community Education, Outreach, and Training

- Awareness Campaign Forums
 - May: ***"Acknowledging a Changed Generation: Building a Resilient Community with Our Youth."***
Speaker included PAUSD Board Director Jesse Ladomirak.
 - September: ***"Building a Resilient Community with Our Youth: Self-Care for the Supporters"***
- Secured \$270K to pilot teen Mental Health First Aid (teenMHFA) in North County and West Valley.

PSN's Collective Impact in Action - 2021 Highlights

Goal 3: Youth Mental Health Care Services

- County Mental Health Services Act (Proposition 63) Stakeholder Leadership Committee oversee utilization of Proposition 63 funds: PERT (Psychiatric Emergency Response Team), allcove, and TRUST (community mobile mental health services).

Goal 4: Policy and Advocacy

- September Suicide Prevention Awareness Month inaugural policy event, ***"The Power of Community: Shaping Youth Mental Health and Suicide Prevention Policies."***
 - Speakers include Santa Clara County Supervisor Joe Simitian, State Assemblymember Marc Berman, PSN CEO Mary Gloner, and California Children's Trust Alex Briscoe.
 - Moderated by Policy Co-Chairs: Diana Bautista (Stanford Children's Health) and Onaiza Kazi (youth community leader and advocate)
- Strengthening presence as youth mental health and suicide prevention advocate
 - Silicon Valley Council Nonprofit Policy Council.
 - Subject matter expert testimonies and community mobilizing: Mental Healthcare Patient Navigation, American Rescue Plan Act, & TRUST community mobile services, behavioral health alternatives to incarceration, expanding mobile youth crisis services

PSN's Collective Impact in Action - *2021 Highlights*

Goal 5: Evaluation and Shared Measurement

- “[Innovation Tournament](#)” partnership with Palo Alto University

Goal 6: Strengthening Backbone and Sustainability

- \$727K operational budget
- 3 core backbone staff: CEO, Program Coordinator, and Executive Assistant-Business Manager

PSN's Collective Impact in Action - *2022 Focus*

- Develop 2023-25 Strategic plan grounded in Collective Impact and Diversity, Equity, Inclusion **(Goal 1)**
- Re-branding, marketing, and communications **(Goal 1)**
- Conduct teen Mental Health First Aid pilot trainings with school sites and youth serving organizations **(Goal 2)**
- Kicked-Off Policy Collaborative Action Team **(Goal 4)**
 - Power mapping
 - Develop process to prioritize PSN policies
- Reconvene Means Restriction Advisory Group **(Goal 4)**
- Diversify and expand funding **(Goal 6)**
- Grow staff **(Goal 6)**
- Board development and governance **(Goal 6)**

PSN's Community Engagement Opportunities

Reach out PSN Program Coordinator, Peking Lee (she/her) at peking@psnyouth.org

- ❑ **Monthly community meetings**
Connect, share information, and build skills
- ❑ **Partners Council and Collaborative Action Teams**
Workgroups that develop and implement strategies
- ❑ **Monthly newsletters**
Share stories and announcements
- ❑ **Awareness and Action Campaigns**
Plan, amplify, participate in May Mental Health Matters Month and September Suicide Prevention Awareness Month



Identifying Strategic Opportunities for Youth Mental Health Promotion and Suicide Prevention

Patricia DeMellopine,
RN, CSN
she/her

PSN Board Strategic Planning Co-Chair,
Nurse Educator at El Camino Health

Mary Gloner
she/her

PSN CEO



Strategic Planning Timeline

Timeframe	Activities
October 2021 – March 2022 (6 months)	Planning and preparation
April 2022 – September 2022 (6 months)	Conduct strategic planning process
September 2022 Suicide Prevention Awareness Month (1 month)	Partner and community input on draft strategic plan
October 2022 – December 2022 (3 months)	2023-25 Strategic plan refine and adopted by Board of Directors

Community Discussion

Note timing change: we took about 10 mins in small groups and 5 mins for highlights when we went back to large group discussion.

1. We will split into two break-out rooms
2. In your small group discussion, respond to the questions. Designate a spokesperson. (15 mins)
3. All will return to main room and share reflections and highlights. (15 mins)

Questions:

- From the past six years, what thoughts do you have about the collective efforts of partners advancing youth mental health and suicide prevention locally?
- Thinking forward to 2025, what is your vision for youth mental health promotion and suicide prevention? What do you see is the role of our collective impact advancing your vision?

Live Poll

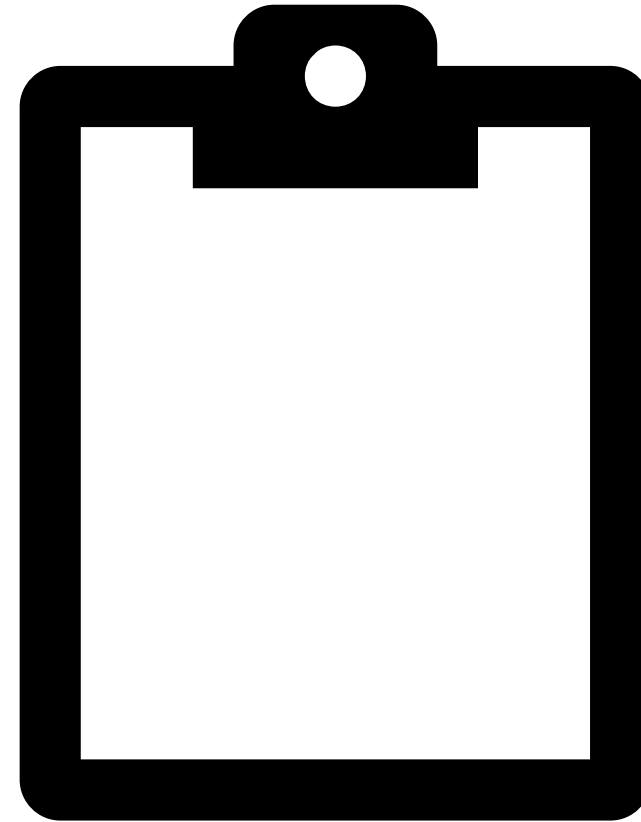


Thank You!

Help shape PSN's future programs

The survey will take about
5 minutes to complete!

tinyurl.com/discoverpsnEval



Connect with PSN staff!

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