



Project Safety Net (PSN) mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.

AGENDA

**Mobile Mental Health Care in Santa Clara County
May 31, 2022, 3:30 – 5:30 pm**

Join: <https://us06web.zoom.us/j/83307284799?pwd=TmZ6cVR0K1dMSWQvd2VrREE4ZUZlZWZz09>

Meeting ID: 833 0728 4799 **Passcode:** 908245

Dial in: +1 669 900 9128 US (San Jose)

Please note that this event will be recorded and shared.

As a PSN community forum, we encourage deeper exploration regarding a topic, framing context for our partners' collective work, and meaningful engagement with community members.

By the end of this event, participants will:

- Learn about Santa Clara County mobile mental health care services and their role in the continuum of care
- Discuss navigating response to individuals experiencing mental health challenges and/or crises
- Understand the role of mobile services in community mental health, substance use, and suicide prevention

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| <p>3:30 pm</p> | <p>Welcome All participants, please introduce yourself in the chat box:</p> <ul style="list-style-type: none"> • Your name, pronouns, affiliation • Share a favorite summer activity • Any announcements | <p>Peying Lee she/her PSN Program Coordinator</p> <p>Rev. Dr. Eileen Altman she/her PSN Board Chair</p> |
| <p>3:35 pm</p> | <p>Navigating Response to Mental Health Challenges and Crises</p> | <p>Zena Andreani MS, AMFT Crisis Intervention and Suicide Prevention Center Assistant Director, StarVista Crisis Center</p> |
| <p>3:45 pm</p> | <p>Connecting to Mobile Mental Health Services Throughout the presentations, please submit questions through the Q&A. We will draw from them during moderated Q&A.</p> <p>County of Santa Clara Behavioral Health – Bruce Copley, he/him, MA, Access and Unplanned Services Director and Alcohol and Other Drugs Administrator</p> | <p>Zena Andreani</p> |
| <p>4:15 pm</p> | <p>City of Palo Alto Police Department – Officer Daniel Cuevas, he/him, MSc, and Holly Merrill, she/her, LMFT, Psychiatric Emergency Response Team</p> | |



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| 4:40 pm | Pacific Clinics – Karen Meagher, she/her, MS, LMFT, Bay Area Region Clinical Director | |
| 5:05 pm | Moderated Audience Q&A | |
| 5:25 pm | Closing and Thank You Take 5 mins to anonymously share your feedback: https://tinyurl.com/mobilemhscceval | Zena Andreani |
| IMPORTANT LINKS | | |
| Take care and reach out. Find and share resources: https://psnyouth.org/resources/ | | |
| Review PSN community meeting materials: https://www.psn youth.org/community-meetings/ | | |
| Check out PSN's calendar of events or sign up for PSN's mailing list . | | |
| Follow @psnyouth on Facebook and Twitter , and @psn_youth on Instagram | | |



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MEET THE SPEAKERS

Zena Andreani, MS, AMFT

Crisis Intervention and Suicide Prevention Center Assistant Director
StarVista Crisis Center

Zena has provided trauma-informed services throughout San Mateo County for over five years. She received her master's degree in counseling psychology from the University of San Francisco. She also serves as the co-chair for San Mateo County's Suicide Prevention Committee. In her spare time, Zena also works as a mental health clinician supporting youth in the juvenile justice system as well as those seeking recovery from substance use.

Bruce Copley, he/him, MA

Access and Unplanned Services Director and Alcohol and Other Drugs Administrator
County of Santa Clara Behavioral Health

Bruce has been involved in "system" design for behavioral health services for over 35 years. Before coming to Santa Clara County, he was the executive Director of the largest behavioral health non-profit in Oregon. He focuses on developing integrated patient-centered evidence based behavioral health practice models. He served on the executive committee of the California Alcohol and Drug Program Administrator Association. Bruce is the Director for the Access and Unplanned Services Division. This Division includes the Psychiatric Emergency Response Team (PERT) and the Mental Health Crisis Response Team (MCRT). He holds a master's degree in Clinical Psychology from Antioch College.

Karen Meagher, she/her, MS, LMFT

Bay Area Region Clinical Director
Pacific Clinics

Karen has served as the Clinical Director of Pacific Clinics' (formally Uplift Family Services) Child and Adolescent Crisis Continuum of Services since 2013. She oversees the Mobile Response and Stabilization Service team, the Crisis Stabilization Unit and the Post Crisis and Stabilization Service. Karen is skilled in crisis intervention, program development and evaluation. Karen has a BS and MS focused on Political Science, Data Analysis and Psychology from California State University System. She is a doctoral candidate at Capella University with a research focus of understanding risk factors of adverse crisis outcomes, including suicide and mass causality incidents.



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MEET THE SPEAKERS Contd.

Daniel Cuevas, he/him, MSc

Police Officer

City of Palo Alto Police Department

Agt. Cuevas graduated from UC Berkeley in 2015 with a bachelor's degree in psychology and is currently working on his master's degree thesis on the intersection of the criminal justice system and mental health. Agt. Cuevas joined PAPD in December 2017. Since, Agt. Cuevas has worked in various specialty assignments, including Crisis Negotiator, Field Training Officer, and Defensive Tactics Instructor. In 2021, Agt. Cuevas became PAPD's first PERT Officer, the position to which he is currently assigned. The career achievement of which Agt. Cuevas is most proud was his selection as Crisis Intervention Team Officer of the Year in 2019.

Holly Merrill, she/her, LMFT

Marriage Family Therapist II

City of Palo Alto Police Department

Holly Merrill is a Licensed Marriage and Family Therapist in California. Holly is an employee of the County of Santa Clara Behavioral Health Services Department and works alongside Agent Cuevas of the Palo Alto Police Department on the Psychiatric Emergency Response Team (PERT). A great amount of Holly's professional experience has been working with individuals and families experiencing mental health crises. Prior to working for the County of Santa Clara on the PERT Team, Holly worked on a crisis team in Southern California. Additionally, Holly has experience working in substance use disorder treatment, school-based therapy, and private practice.