



Project Safety Net (PSN) mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.

AGENDA

Supporting LGBTQIA+ Mental Wellness and Suicide Prevention

June 28, 2022, 3:30 – 5:00 PM

Join: <https://us06web.zoom.us/j/86821895821>

Meeting ID: 868 2189 5821 Dial in: +1 669 900 9128 US (San Jose)

Please note that this event will be recorded.

At all PSN community meetings, we encourage people to connect, share information, and build skills.

By the end of this event, participants will:

- Identify affirming language and practices to support LGBTQIA+ mental health and suicide prevention
- Discuss how heterosexism, anti-gay, and anti-trans biases impact LGBTQIA+ wellbeing
- Describe protective factors in LGBTQIA+ communities
- Identify three resources for LGBTQIA+ mental health and suicide prevention

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| 3:30 pm | Welcome All participants, please introduce yourself in the chat box: <ul style="list-style-type: none">• Your name, pronouns, affiliation• What's one thing that brings you joy?• Any announcements | Peying Lee she/her PSN Program Coordinator |
| 3:40 pm | SOGIE 101 Part 2: Mental Health and the LGBTQ+ Community LGBTQ Wellness is a program of Family and Children Services of Silicon Valley, a Division of Caminar | Jack Roach he/him LGBTQ Wellness Program Coordinator |
| 4:50 pm | Closing and Thank You Take 5 mins to anonymously share your feedback: https://tinyurl.com/psnLGBTQIA | Peying Lee |

IMPORTANT LINKS

Take care and reach out. Find and share resources: <https://psnyouth.org/resources/>

Review PSN community meeting materials: <https://www.psn youth.org/community-meetings/>

Check out PSN's [calendar of events](#) or [sign up for PSN's mailing list](#).

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